UCSF Health COVID-19 Ambulatory Remote Triage for OB Patients with Respiratory Symptoms

**Target audience:** OB Clinical Staff Members and Providers

1. **Patient contacts clinic via video, phone, or mychart:**
   - **Is this a life-threatening emergency?** (cannot breathe, chest pain, dizzy, confused)
     - **YES:** 911 for EMS
       - Instruct patient to wear mask after EMS arrives
     - **NO:** Standard triage evaluation
       - **Patient with risk factors (yellow box) OR concerning symptoms (shortness of breath, wheezing, getting worse over time):**
         - **YES:** Call MD/ACP for video visit w/ clinic provider for further evaluation. Provider to triage via SmartPraise covidadultremote triage
           - **YES:** Triage via SmartPraise covidadultremote triage
           - **NO:** Clinic staff schedules pt for video visit w/ clinic provider for further evaluation
         - **NO:** Environment risks
           - High-risk travel or known COVID exposure within 14 days
           - Health care workers
           - Institutional home setting (nursing home, dormitory, shelter, prison, etc.)
           - Outpatient dialysis center patient
           - Living with immunocompromised person(s)
         - Patient-related risks
           - Cardiovascular disease (e.g. PACT)
           - Immunocompromised (oncology, rheumatologic disease, transplant, immunosuppressive meds including steroids, HIV, other known immunodeficiency)
           - Chronic lung disease, including moderate-severe asthma
           - Cirrhosis
           - End stage renal disease
           - Pre-gestational Diabetes
           - Hypertension
           - Smoking/vaping
         - **NO:** 911 for EMS
    - **NO:** Standard triage evaluation

2. **Needs testing AND <12 wks:**
   - 1. Order COVID RNA, select “Symptomatic” & relevant indication. Can also order other testing (CXR, labs) if desired.
   - 2. Place referral order “Ambulatory Referral to Respiratory Screening Clinic or Testing Only Appointment (UCSF ONLY)”. Select “Other COVID Testing only appointment”, and indicate tests that have been ordered.
   - 3. Ask patient to mask if able. Give instruction via smartphone covidadultdischargeadult or advise pt to go to local testing facility

3. **Needs in-person evaluation:**
   - 1. If <20 weeks GA, place referral order “Ambulatory Referral to Respiratory Screening Clinic or Testing Only Appointment (UCSF ONLY)”. Select “In-person provider appointment”
   - 2. If ≥20 weeks direct to OB triage. Ask patient to mask if able. Give instruction via smartphone covidadultdischargeadult or advise pt to contact their local OB or PCP, if too far from UCSF

4. **High acuity life threatening:**
   - Direct to nearest ED (ME or PM) or local ED