GUIDANCE ON COVID-19 SYMPTOMS

Are you experiencing ANY COVID-19 symptoms? They include:
- Fever of 100.4 degrees or more
- Loss of smell or taste
- Cough
- Muscle aches
- Sore throat
- Shortness of breath
- Chills
- New or unusual headache
- Nausea, vomiting, diarrhea, or loss of appetite
- Congestion or runny nose
- Fatigue

*The CDC may update symptoms. Click HERE to review the most up-to-date list of symptoms.

Have you been in contact with someone who has been diagnosed with in the last 14 days?

NO

*Passive lab test for COVID-19 that indicates recent infection or diagnosed by a healthcare provider evaluating the person and assigning a diagnosis of COVID-19 based on clinical criteria even if a test result is negative or not available.

NO

Have you been in direct or close physical contact with the person? (within 6 feet for 15 or more minutes).

NO

No work restrictions needed. Continue to practice social distancing and good hygiene AND watch for symptoms.

YES

Watch for symptoms AND quarantine yourself for 14 days from the last contact with the person. Contact HR for available leave options.

YES

Follow CDC Guidelines

1. Stay at home.
2. Separate yourself from others.
3. Call your doctor. (see guide on testing)

Contact HR for available leave options.

NO

Contact was outside 6 feet or within 6 feet but for less than 15 minutes.

If at any point, you undergo testing for COVID-19, please refer to the testing chart for further guidance.

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